

# DJK TG-Hausen Belegungsplan Halle

Fußball	KCH	Fitness	Tischtennis	Badminton
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	Montag	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag			
07:30 - 08:00					Schulsport		07:30 - 08:00		
08:00 - 08:30							08:00 - 08:30		
08:30 - 09:00							08:30 - 09:00		
09:00 - 09:30			Schulsport				09:00 - 09:30		
09:30 - 10:00					Yoga II		09:30 - 10:00		
10:00 - 10:30							Functional Fitness	10:00 - 10:30	
10:30 - 11:00								10:30 - 11:00	
11:00 - 11:30		Schulsport					11:00 - 11:30		
11:30 - 12:00							11:30 - 12:00		
12:00 - 12:30							12:00 - 12:30		
12:30 - 13:00							12:30 - 13:00		
13:00 - 13:30							13:00 - 13:30		
13:30 - 14:00							13:30 - 14:00		
14:00 - 14:30							14:00 - 14:30		
14:30 - 15:00							14:30 - 15:00		
15:00 - 15:30							15:00 - 15:30		
15:30 - 16:00					Eltern Kind Turnen (1-4 J.)	Purzelgarde	15:30 - 16:00		
16:00 - 16:30			Nachwuchs- Showtanz				Kinderturnen 5-8 J.	16:00 - 16:30	
16:30 - 17:00								16:30 - 17:00	
17:00 - 17:30		Bewegung mit Musik					17:00 - 17:30		
17:30 - 18:00	Fit & Gesund		Jugendschautanz		Fußball U-13		17:30 - 18:00		
18:00 - 18:30		Stretch + Relax					Badminton	18:00 - 18:30	
18:30 - 19:00								18:30 - 19:00	
19:00 - 19:30			Garde		Fit & Fun			19:00 - 19:30	
19:30 - 20:00							19:30 - 20:00		
20:00 - 20:30	Fußball Herren	KCH Schautanz (Feb-Aug Hula-Hoop)			Dance Workout	Tischtennis	20:00 - 20:30		
20:30 - 21:00				Yoga (Feb-Aug um 19:00 Uhr)				20:30 - 21:00	
21:00 - 21:30									21:00 - 21:30
21:30 - 22:00									21:30 - 22:00