DJK TG-Hausen Belegungsplan Halle

Fußball	KCH	Fitness	Tischtennis	Badminton

	Monatg	Dienstag	Mittwoch	Donnerstag	Freitag	Samstag	
07:30 - 08:00					Schulsport		07:30 - 08:00
08:00 - 08:30							08:00 - 08:30
08:30 - 09:00							08:30 - 09:00
09:00 - 09:30			Schulsport	Yoga II			09:00 - 09:30
09:30 - 10:00							09:30 - 10:00
10:00 - 10:30						Functional Fitness	10:00 - 10:30
10:30 - 11:00							10:30 - 11:00
11:00 - 11:30		Schulsport					11:00 - 11:30
11:30 - 12:00							11:30 - 12:00
12:00 - 12:30							12:00 - 12:30
12:30 - 13:00							12:30 - 13:00
13:00 - 13:30							13:00 - 13:30
13:30 - 14:00							13:30 - 14:00
14:00 - 14:30							14:00 - 14:30
14:30 - 15:00							14:30 - 15:00
15:00 - 15:30							15:00 - 15:30
15:30 - 16:00				Eltern Kind Turnen (1-4 J.)	Purzelgarde		15:30 - 16:00
16:00 - 16:30			Nachwuchs-Showtanz				16:00 - 16:30
16:30 - 17:00					Kinderturnen 5-8 J.		16:30 - 17:00
17:00 - 17:30		Bewegung mit Musik					17:00 - 17:30
17:30 - 18:00	Fit & Gesund		Jugendschautanz	Fußball U-13			17:30 - 18:00
18:00 - 18:30		Stretch + Relax			Badminton		18:00 - 18:30
18:30 - 19:00							18:30 - 19:00
19:00 - 19:30			Garde	Fit & Fun			19:00 - 19:30
19:30 - 20:00		KCH Schautanz (Feb-Aug Hula-Hoop)					19:30 - 20:00
20:00 - 20:30	Fußball Herren		Yoga (Feb-Aug um 19:00 Uhr)	Dance Workout	Tischtennis		20:00 - 20:30
20:30 - 21:00							20:30 - 21:00
21:00 - 21:30							21:00 - 21:30
21:30 - 22:00							21:30 - 22:00