

DJK TG-Hausen Belegungsplan Halle

Fußball

KCH

Fitness

Tischtennis

Badminton

Monatg

Dienstag

Mittwoch

Donnerstag

Freitag

Samstag

07:30 - 08:00

08:00 - 08:30

08:30 - 09:00

09:00 - 09:30

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21:00 - 21:30

21:30 - 22:00

Schulsport

Yoga II

Functional Forming

Functional
Fitness

Schulsport

Schulsport

Eltern-Kind-Turnen
(1-4 J.)

Purzelgarde

Nachwuchs-
Showtanz

Kinderturnen (5-8 J.)

Bewegung mit
Musik

Fit & Gesund

Jugend-Showtanz

Fußball
U-13

Stretch + Relax

Badminton

Garde

Fit & Fun

KCH Showtanz
(Feb-Aug
Hula-Hoop)

Yoga
(Feb-Aug um 19:00 Uhr)

Dance Workout

Fußball Herren

Tischtennis

07:30 - 08:00

08:00 - 08:30

08:30 - 09:00

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21:30 - 22:00